

11th Annual



Wednesday, July 28, 2010

5:15 Kids Fun Run

5:35 Scholarship Presentation

5:40 PM Scholastic (pre-graduation)

6:20 PM Men's

7:00 PM Women's

5K CrossCountry Race

Long Branch Park

Liverpool, NY

Registration fee: \$18 (\$20 day of race) Race Day Packet pick-up and Registration: 4:30-6:45 pm
Kids Run: no registration required, ribbons for all finishers

T-shirts to first 150 registrants • Age group awards • Post race drawing for door prizes
Overall and Age Group awards will not be duplicated.



Team in Training

TNT is a fundraising program for the Leukemia and Lymphoma Society. Participants raise money while training for a marathon, half-marathon, triathlon or century bike ride.



The Luanne A. Rienzo Memorial Fund

This was created in memory of Luanne Rienzo, a dedicated participant and coach for the Leukemia Society's Team In Training Program.

Questions? Call Daniel Reid at (315) 345-6545 or Nancy Rein at (315) 487-8502
For more information or to download a registration form, go to: www.fleetfeetsyracuse.com

Name _____ Age _____ Sex _____

Address _____ T-shirt size _____

City, State, Zip Code _____ Phone () _____ _____scholastic race

Email address _____ _____men's race

Race Release: (Must be signed by participant)

In consideration of my entry being accepted, I hereby and my heirs, waive and release any and all rights and/or claims for damages which I may have against the sponsors of this race, Onondaga County, and the Leukemia and Lymphoma Society, for any injuries that I may suffer in connection with any participation in the Midsummer Night's Dream Run. By signing my name below, I hereby certify that I have read, understand and agree with all the terms and conditions within this release for and do intend to be legally bound thereby. Event fees are not transferable to another event.

Signature (Parent's or Guardian's signature if under age 18)

Date _____

Check or money order made payable to: A Midsummer Night's Dream Run

Mail checks and entry form to: Nancy Rein, 149 Lookout Circle, Syracuse, NY 13209

